

Is your destination a hot-spot?

India, Asia, Africa and South America are becoming hot destinations for travel. Cuba and Mexico have been popular with Canadians for years. You may not have considered getting vaccinations for these destinations, but they are advised by both PHAC and CDC. This quick reference table shows you the vaccines you and your doctor should discuss, but be sure to visit PHAC and CDC websites for the most up-to-date information at your time of travel.

	India	Thailand and Vietnam	China	Africa	South America	Cuba	Mexico
All travellers							
Routine vaccinations	1	1	\checkmark	1	1	\checkmark	\checkmark
Especially	InfluenzaMeaslesPolio	 Diphtheria Influenza Measles Polio Tetanus 	InfluenzaMeaslesPolio	 Diphtheria Influenza Measles Polio Tetanus 	 Diphtheria Influenza Measles Polio Tetanus 	InfluenzaMeasles	• Influenza • Measles • Polio
Talk to your doctor about	 Avian influenza Chinkungunya Dengue fever Malaria 	 Avian influenza Chinkungunya Dengue fever Schistosomiasis 	 Avian influenza Chinkungunya Dengue fever Malaria Schistosomiasis 	 Ebola Malaria MERS-CoV (Middle East Respiratory Syndrome Coronavirus) Schistosomiasis 	 Dengue fever Malaria Schistosomiasis 	CholeraDengue fever	 Cholera Chinkungunya Dengue fever
Most travellers							
Hepatitis A	1	\checkmark	\checkmark	\checkmark	1	\checkmark	1
Typhoid	1	1	\checkmark	\checkmark	1	\checkmark	1
Some travellers (de	pending on age, h	ealth, destination	and activities)				
Hepatitis B	1	1	1	1	1	1	\checkmark
Japanese encephalitis	1	\checkmark	\checkmark				
Meningitis				1			
Rabies	\checkmark	\checkmark	\checkmark	\checkmark	\checkmark		\checkmark
Tick-borne encephalitis			\checkmark				
Yellow fever				\checkmark	\checkmark		

*Chart based on information from World Health Organization, Canada's Public Health Agency (PHAC) and the U.S. Centers for Disease Control and Prevention (CDC).

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